
HARK THE HERALD

Table View United Church
April 2020

HARK THE HERALD

Sunday Worship: 9:00am

Including Kid's Ministry,
Teen's Ministry & baby
facilities.

Office Hours:

Tuesday; Thursday & Fridays
9:00am to 1:00pm



Contact Details:

Tel: (021) 556 2374
Fax: (021) 556 2395
Email: office@tvuc.co.za
c/o Waterford Road & Raven
Street, Bloubergrise.

Elders:

Trevor Alexander – 082 309 7479
Ray Cameron – 082 371 4841
Jacqui Cameron – 083 375 1353
Elmarie Neilson – 082 557 0993
Sandi Nessel – 082 560 8968
Bill Nicoll (Session clerk)– 082 449 4994

Minister:

Andrew Snyders – 084 453 8191

Kids's Ministry:

Jacqui Cameron – 083 375 1353

Church Secretary:

Volunteers
021 556 2374

ManCo Chairman:

Ray Cameron – 082 371 4841

Treasurer:

Claudine Batangana – 083 398 0743

Banking Details:

ABSA BANK
Branch Code: 632005
Account Number: 407 254
2525

From the Pastors desk...

MY DEAREST FAMILY AT TABLE VIEW UNITED



I am not going to talk about the challenge we face at this present moment in time because of COVID-19, you are well aware of it thanks to the News, various media apps, and just word of mouth. I am also not going to be talking about the challenge that the church faces at the moment, firstly because we have sent that out in the various communications you have received from us recently, and also because I am quietly hopeful that this isn't as much a challenge as a much needed change of pace the church has been desperate for many years.

What I do want to talk to you about is resolutions. Not the endless list of unachieved New Year's resolutions, but the idea of setting up "Quarantine Resolutions" or, as you might, "Lock Down Achievements". People have taken advantage of this time in their lives to work on something they have wanted to try for a while, but haven't had time, whether it be painting that picture you have always wanted to paint, finally building that puzzle you bought two years ago, or finishing some books in this time. I think this is a fantastic idea, but I want to challenge you a bit with this.

Rev Andrew Snyders....

Go ahead and try those things out, I am not saying they are unnecessary, or silly. But try working on some spiritual disciplines in this time as well, ones you have wanted to try but didn't have time, or just was not brave enough to try. I am not talking about the typical Bible study and prayer disciplines, these should already be a part of our everyday life. If it's not, then take time now to form the habit. What I am talking about are disciplines such as silence, meditation, journaling, resting in the Lord, and so on.

Silence is a part of our life that we almost shun. Even sitting at home with the tv and radio off, we will find ourselves hearing the hum of the fridge, the cars in the street, etc. But this discipline of silence is a chance to get rid of all distractions and spend time just being quiet with the Lord. Give yourself a chance to hear His voice loud and clear. Meditation is similar, but the idea of this is that you take a passage from the Bible and you focus on it, mull it over in your head, ask what each word means, why that word was used, what it means for you. Meditate on the word of God.



Journaling is a chance to sit down and write down or draw what it is you are feeling and experiencing, particularly with how it involves God. You might just find yourself finally able to express those emotions you have not been able to. And resting in the Lord is a chance to just sit and soak in His presence, whether in silence, or with music playing, maybe a chance to dance as an expression of worship, whatever it is, it should be a chance for you to rest and afterwards feel refreshed by just being in the presence of your Lord.

Take time in this lock down to sit and spend time thinking and reflecting on your relationship with God. Is it still a healthy relationship, or maybe it's a bit stale? Is it just something that exists when others are around, or would others not even know you have a relationship with God yet you claim to have one. Whatever your situation, take this time now to further deepen your relationship with God. Trust me, this will hold you in good stead in the years to come!
With all the love in my heart

Andrew Snyders

Kind Regards,
Rev Andrew Snyders | Minister

TABLE VIEW UNITED CHURCH



 +27 21 556 2374 ||  office@tvuc.co.za



Cnr of Waterford Road and Raven Street, Blouberg Rise, Cape Town

WATCH THIS SPACE

COMING
SOON

CON _ I _ MA _ _ O _ C _ A _ _ ES

Daily Devotion

Verse: **Proverbs 29:23**

'Pride ends in humiliation, while humility brings honour.'

- Pride is one of the major stumbling blocks of life.
- Humility, on the other hand, has the power to change your life and circumstances.
- The humble do not seek honour, but it comes to them.
- Let's walk in humility, and God will raise us up!

PRAYER: Lord, forgive me for the pride and arrogance that sometimes is part of my life. I choose to walk in humility. Give me Your grace, so that I can walk this 'road of life' in a way that honours You. Amen



**Check out our brand new signage
(thanks to Manco)**

Birthdays...

Fellowship & Prayer groups

TUESDAY

Ladies Fellowship Group – 9:30 am

Ladies 50 + sharing life and supporting each other, while making use of teaching material & DVDs to study the Bible.

Suzanna Cook – 082 927 3868

Fellowship Group – 2:30 pm

Mixed group of retired pensioners studying the Bible book by book.

Bobby Jutzen – 083 659 7850

Home and Fellowship Group- 2:30pm

Mixed group studying various subjects at Paul and Win's home, 25 Sundown Terraces, Bishops Bend

Win - 082 391 8309

WEDNESDAY

Fellowship Group – 7:30 pm

Vast range of ages in the group. We tackle different subjects of Christianity based on the scriptures.

Trevor Alexander – 082 309 7479

Bible Study Group – 10:00 am

Join us on a Journey through the Old Testament. Discover how the New Testament is rooted in The Old Testament.

David Thomas – 072 600 8008

FRIDAY

PRAYER MEETING – 9:00 am

Prayers of Intercession for our church, members, their families and friends.

Carole Marx – 082 771 0709

APRIL

- 2 Ray Nessel
- 4 Katherine Lott
- 9 Mary Logan
- 15 Paul Forsythe
- 15 Vili Vassilev
- 16 Rodger Chirwa
- 17 Noah Clark
- 17 Nikki Alexander
- 22 Leonard Nkhata
- 27 Peggy Kritzinger
- 30 Nelis Visagie



For your convenience during the shutdown, should you wish to make deposits into our bank account, the details are below.....

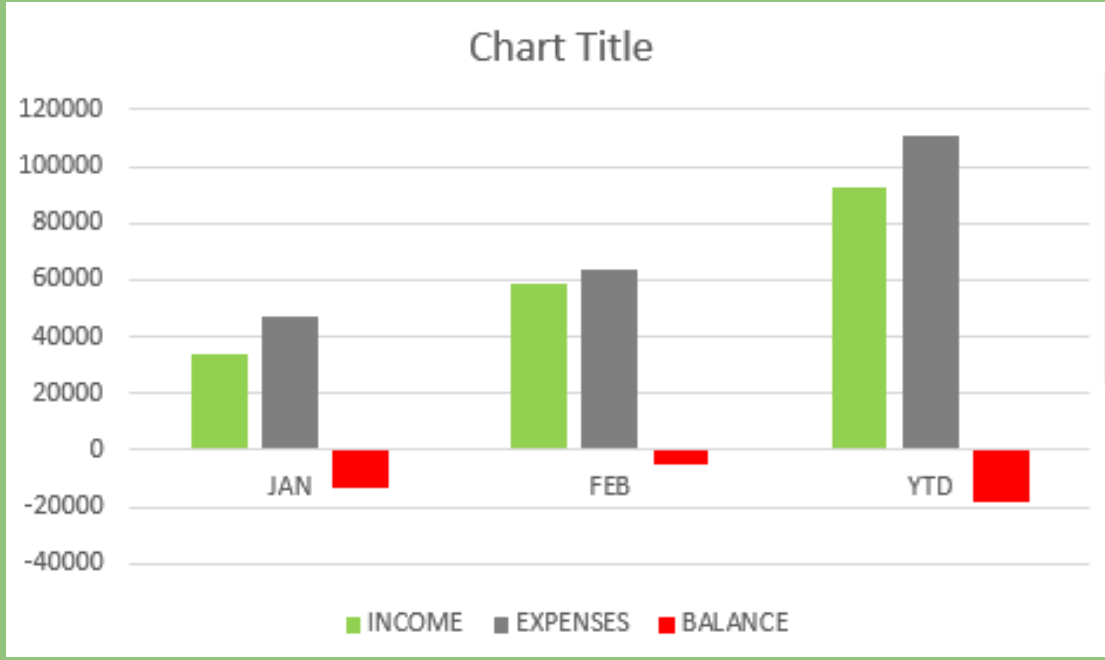
Banking Details:

ABSA BANK

Branch Code: 632005

Account Number: 407 254 2525

From the Treasurer's desk...



Cumulative we are **down**
- **R18369** for the year as
at February 2020

**Total Balances: January –R13076 February –R5293
YTD Cummulative –R18369**

**Should you wish to get the
weekly sermons sent to via
WhatsApp**

send a WhatsApp message with your name and
surname to

Jacqui Cameron 083 375 1353

and you will be placed on a distribution list.
(this service will continue after the Covid 19
Shutdown)

Ministry pages...

DEMENTIA SUPPORT GROUP

2nd Saturday of the month - 2:00pm to 4:00pm

Bobby Jutzen - 083 659 7850

OPERATION MOBILIZATION (OM)

An international, interdenominational missions' organization, in relationship with churches, sends volunteers from all walks of life into world missions.

Andre + Peggy Kritzinger - 076 782 5107

TRANSFORMED LIVING IN CHRIST

TLC is a personal prayer ministry done in complete confidentiality. You will experience mostly emotional/ psychological healing and also physical healing.

Elmarie Neilson - 082 557 0993

MONTHLY PRAYERS FOR REVIVAL

Praying for the salvation, restoration and spiritual revival of Table View, Cape Town and country.

1st Tue of the month 9:00 - 10:00 am @ TVUC

Sandi Nasset - 082 560 8968

AGAPE TABLE

Delicious baked goods on sale after service - Enjoy a bite to eat with your coffee! All proceeds to Missions Fund. Volunteers to bake/serve appreciated.

FOOD BASKET

Supports families in need by distributing monthly food parcels. Members are encouraged to donate items.

Patricia Maragelis - 084 381 3018

SANDWICH MINISTRY

Meets Mondays 7:45 am

Serving our community in a practical way by providing school kids with lunch.

Patricia Maragelis - 084 381 3018

FRIDAY

PRAYER MEETING - 9:00 am

Prayers of Intercession for our church, members, their families and friends.

Carole Marx - 082 771 0709

CHURCH LIBRARY

Discover an excellent selection of books & DVDs for all ages!

Open **Sundays** & **Weekdays** (Tues, Thurs, Fri 9 am - 1 pm).

Jeanette Thomas - 082 477 1997

KIDS MINISTRY LIBRARY

Treasure trove of books & DVDs for kids and teens.

Jacqui & Hannah Cameron - 083 375 1353

MENS PRAYER MINISTRY

Monday 19h00 onwards at the Church

Intercessory Prayer with men.

Brian Banks - 083 518 7525

New arrival...



Young Adults Group Every Wednesday

Time: 19h00
Place: TVUC
Age: 20 - 35 years old
RSVP: Andrew Snyders
084 453 8191

Why do I need a will?

Having a Will means that you decide what happens with the assets that you worked so hard for all your life. Also, very importantly, your Will says who is the executor who must carry out your wishes contained in your Will.

If you don't have a Will (or you have a Will but it is not valid), then:

- ❖ The Intestate Succession Act will decide who inherits your assets. This can mean that your assets may not be left to the person of your choice.
- ❖ It can take a long time to have an executor appointed and this may not be somebody you would have chosen yourself. What if the executor who is appointed is the black sheep of the family?
- ❖ There will be extra and unnecessary costs which your estate must pay – less for the family to inherit.
- ❖ There can be unhappiness and conflict among members of your family because there are no clear instructions on how to distribute your assets. For example: the family home has to be sold to pay the debts and your surviving spouse has nowhere to go.
- ❖ The executor that administers your estate may not be known to you and you cannot necessarily expect them to act with integrity and speed, you have no say in who is to be appointed guardian of your minor children nor the trustee of a trust to protect their inheritances (especially if you are the last surviving parent.)

Why do I need a will cont.....

- ❖ Your children's inheritances will sit in the statutory guardian's inheritance fund until they turn 18 years old.

A valid Will:

- ❖ Ensures that your assets are disposed of in accordance with your wishes after your death
- ❖ Takes care of your family. (It is usually your last communication with them.)

Freedom of Testation: this is something that most people do not know: in South Africa we have "freedom of testation". This means that you are entirely free to decide to whom you want to leave your assets. In other words: there is no obligation to leave anything to your children. Your children have no right to inherit from you



A Will is a legal document and should be prepared carefully.

A Will does not have to be drawn up by an attorney. However, attorneys:

- ❖ Are professionals qualified in law. Bank officials are not.
- ❖ Can advise you on any problems which may arise with regard to your Will.
- ❖ Have the necessary knowledge and expertise to ensure that your Will is valid and complies with your wishes.

The Wills Act stipulates how a will must be drafted.....

You can draft your own Will at home, but often a Will is not valid because the person who drafts it does not have the necessary legal knowledge to ensure that the requirements of the law are met or that the strict signing formalities are complied with. Most court cases regarding Wills deal with the formalities, not the content. In other words: the court cases are not about someone who felt they should have inherited, but about how the Will was drafted, for example: the witnesses did not see you sign the Will, or one of the witnesses is an heir, or not all the pages were signed, etc, etc. If these formalities are not complied with, then the Will is automatically **invalid**.

Executor: this is a very important person and you must choose him/her carefully as s/he has to make sure that your wishes are carried out. You can make your spouse the executor, but then, while under the influence of grief, s/he hastily has to choose someone who can deal with the Master of the High Court and often makes a bad choice.

I don't mean to scare you with all these strict rules, but I am passionate about Wills and about doing it properly. Too often, when I administer a deceased estate, I see badly drafted Wills that cause problems, for example leaving the only residence to four married children whose spouses may automatically be entitled to ownership.

Author Elmarie Neilson

As we try and limit the spread of the Coronavirus, it is important to stay educated to best protect yourself. Knowing the difference between Coronavirus, a cold or seasonal flu will alleviate some uncertainty.

Here's all you need to know:

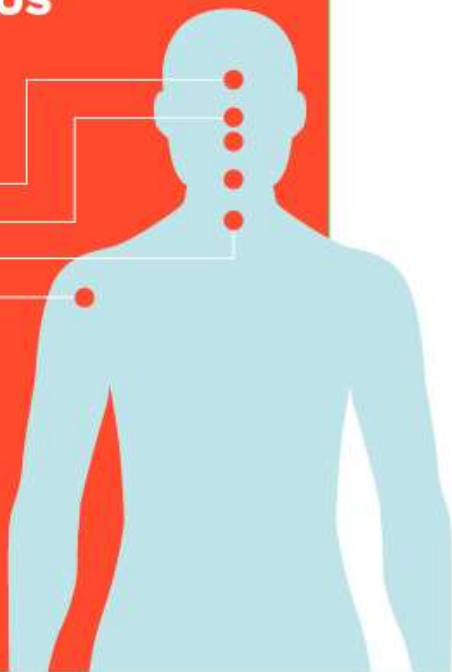
CORONAVIRUS

Symptoms

- Fever
- Tiredness
- Dry cough
- Muscle ache

Incubation

1-14 days,
most commonly
around 5 days



SEASONAL FLU

Symptoms

- Fever
- Dry cough
- Muscle ache
- Fatigue
- Sore throat
- Runny or stuffy nose

Incubation

1-4 days

COMMON COLD

Symptoms

- Runny or stuffy nose
- Sneezing
- Sore throat

Incubation

2-3 days

Corona Virus (Covid-19) safety measures

PRECAUTIONS TO REDUCE YOUR CHANCES OF BEING INFECTED OR SPREADING THE VIRUS:

- **Regularly and thoroughly clean your hands** with an alcohol-based sanitiser or wash them with soap and water for 30 seconds.
- **Stay home if you feel unwell**, utilising your sick leave benefit.
- **Maintain a distance of 1.5 metre** between yourself and anyone who is coughing or sneezing.
- **Cover your mouth and nose** with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately by flushing away.
- **Avoid touching** eyes, nose and mouth.



Pastoral Care...

Cell number – 066 041 5707

This pastoral hotline is a for number for emergencies, for prayer requests, for letting the pastor and session know about illnesses, needs or any pastoral issues. This will enable the minister, the elders, and prayer warriors to be available at all times and respond. When you send a message you can say whether your request is private, for the pastor, for a pastoral team, or whether it can be shared with the congregation. We will find out whether there is a need for a visit.

